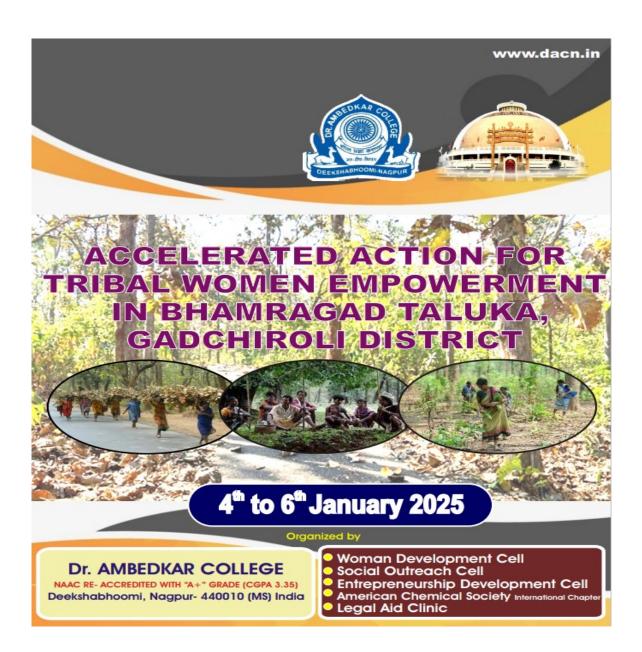
## Dr Ambedkar College, Deekshabhoomi, Nagpur

Women Empowerment Program at Bhamaragad, Gadchiroli

(Tribal Empowerment, ASHA workers, Women Self Help Group) Report

4<sup>th</sup> ,5<sup>th</sup> &6<sup>th</sup> January 2025

Session : 2024-25





#### **REPORT**:

Dr. Ambedkar College, Deekshabhoomi, Nagpur organized a Tribal Empowerment Camp in the remote village Kumarguda of Bhamragad, Gadchiroli district from 4<sup>th</sup> January to 6<sup>th</sup> January for ASHA workers, Self Help Group women and Tribal women. Total 83 members including Asha workers, Self Help Group women and Kotwal enthusiastically participated in all the activities. All were from marginalized communities in and around Bhamragad Taluka. The women ranged in age from young adults to elderly members of the community, with diverse backgrounds and varying levels of healthcare knowledge. Chief guest Mr. Kishor Bagade, Tahsildar, Bhamragad and other guest such as Mr. Swapnil Magdam, BDO Bhamragad, Dr. Bhushan Chaudhari, Rural hospital Bhamragad and Dr. Manish Dhakate, Taluka Health Officer, Bhamragad were present for the program. The program coordinator Dr. S. R. Somkuwar, HOD, Botany Department, Dr.Ambedkar College introduced all the guest and faculty members to the participants. All the dignitaries and one of old tribal women felicitated with the shawl, memento and flowers as token of gratitude.

The Program was inaugurated with the introductory remark by the Principal Dr. B. A. Mehere. During the session she highlighted some key points such as Women's Health and Hygiene, discussion on menstrual hygiene, personal cleanliness and how to prevent infections, Nutrition and Diet, guidance on basic nutrition, the importance of a balanced diet, and how to utilize locally available foods to improve health. Dr. Deepa Panhekar, IQAC Coordinator also shared her thoughts on this event.

ASHA workers and Self Help Group women introduced themselves and interacted with all the faculty members. When the faculties interacted with Asha workers and Self Help Group women they explained the role which they play in the empowerment of tribal communities. The main aim of ASHA workers is to improve health issues, enhance economic independence and also to promote social participation among tribal people and provide essential knowledge regarding health and hygiene. The camp focused on improving and understanding the problems of Asha workers, Self Help Group women and to give them some ideas on how they can overcome the challenges which they face in their day-to-day life. Self Help Group women are community based organizations formed primarily by women which includes tribal women. They also promote collective savings, credit and economic activity of tribal women. For this activity total 10 faculty members were involved including Principal, Vice -Principal and Program Co-ordinator.

At the end of session First Aid boxes were donated to ASHA workers and bag with folder diary and pen were given to Self Help Group women. Some essentials such as chatai mattress also were distributed to the tribal women. While concluding the session, feedback were shared by some of the women which was highly valuable.

### GLIMPSES :



# Attendance Of The Participants :

	Accelerated Action for Tribal Women Empowerment in Bhamragad, Distt. Gadchiroli (Date: 04/01/25 to 06/01/25)						
	Bhamragad, Distt. (	Fadchiro	<u>h (D</u>	ate: 04/01/25 to 00/01/25)			
	Partici	ipants At	tenda	ance Sheet			
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# Dr. Ambedkar College, Deekshabhoomi, Nagpur



## Accelerated Action for Tribal Women Empowerment in Bhamragad, Distt. Gadchiroli (Date: 04/01/25 to 06/01/25)

### Participants Attendance Sheet

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Signature of Teacher



## Dr. Ambedkar College, Deekshabhoomi, Nagpur



Accelerated Action for Tribal Women Empowerment in Bhamragad, Distt. Gadchiroli (Date: 04/01/25 to 06/01/25)

Participants Attendance Sheet

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Signature of Teacher

# Feedback Form Of The Participants :

	DR. AMBEDKAR DEEKSHABHOO				
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S.No	Particular	Extremely Good	Good	Quite Good	Poor
1.	How was the overall organization of the Lecture /Workshop?	~			
	How relevant was the content discussed by the speaker?	~			
3	Are you satisfied with the time and venue?	~			
4.	How much interesting this session was for you?	V			
	How was your preparation about the topic before	L			
5.	the workshop? Did the Lecture /Workshop cover what you were expecting?	~	~		
6.	How much this Lecture /Workshop was useful from the	~	1		
	knowledge and information point of view? What is your opinion about the speaker?		-		
8.	Overall effectiveness of the Lecture /Workshop		~		
9.	Overall effectiveness of the Lecture 7 workshop				
	onal comments and suggestions for future				

<b>DEEKSHABHOOMI, NAGPUR</b> Three Days Programme on Accelerated Action for Tribal Women Empowerment in Bhamragad, Distt. Gadchiroli (D. to 04/01/25 to 06/01/25)						
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